

# FIRST BAPTIST CHURCH

Sixth Annual

# + Arise-N-Run 5K Run & 2 Mile Walk

**Easter Weekend**  
**Saturday, April 3, 2010, 8:00 am**  
**First Baptist Church**  
**3115 Ocean Dr**

*Runners Age Groups: Male and Female*  
*8 & under / 9-10 / 11-12 / 13-14 / 15-19*  
*and every 5 years until 60 / 60-69 / 70+*

*Registration (non-refundable):*  
*\$15 / adult \$10 / age 17 and under*  
*Race Day and late registration after March 28: \$20*

- ◆ T-shirts guaranteed to all pre-registered racers  
Not guaranteed for late registrants
- ◆ Staggered start with walkers starting 3 minutes after runners
- ◆ Slight course change for walkers to reduce congestion
- ◆ Closing ceremonies with lots of awards & door prizes  
Ceremonies at First Baptist Church Recreation Center
- ◆ Awards for top 3 runners in each category and  
top 2 male & female walkers
- ◆ No registration after 7:45 am on race day



USATF/RRTC certified: TX05017ETM  
**Beautiful course from First Baptist Church  
to Emerald Beach and back!**

*Packet Pick-Up: Friday, April 2, 11:00 a.m. to 6:00 p.m. at the FBC Recreation Center (behind the church)*  
*For more information contact Mark Nichols at 883-2421 or recreatn@fbc-corporischristi.org*

MAIL OR RETURN TO: FBC Recreation Center ♦ 3115 Ocean Drive ♦ Corpus Christi, TX. 78404

Non-refundable Registration Fee received by March 28:  \$15 / adult  \$10 / 17 and under  Race Day and after March 28: \$20

**ONE NAME PER FORM**

*Make checks payable to: First Baptist Church Corpus Christi*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Please enter me in: (mark one)**

5K Run  2 Mile Walk

Sex: \_\_\_\_\_ Age: \_\_\_\_\_

T-shirt size: (circle one) **Youth:** S M L **Adult:** S M L XL XXL

**(PLEASE PRINT CLEARLY)**

**Waiver:** In consideration of the acceptance of this form, the undersigned assumes full responsibility for any accident which may occur during the event while on the premises of the event, and I hereby release and hold harmless the promoters and all other persons or entities associated with the event or otherwise. I further declare that I have trained and am physically fit to participate in this event.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Entrant's Signature Date

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(If under 18) Parent or Guardian's Signature Date