



## STARR~TREK MINI-SPRINT & KIDS' TRIATHLON

Saturday, August 8, 2009, 7 a.m.

Texas A&M University, 6300 Ocean Drive, Corpus Christi, Texas

Benefiting Children's Advocacy Center of the Coastal Bend and the Texas A&M Tarpon Foundation

- This event is designed to introduce children and first timers to the sport of a Triathlon. Of course, all athletic abilities are welcome.
- The distances are short and achievable.
- Swim in pool, bike towards NAS and back, run around campus. A fun and safe experience for all.
- Everyone gets a finisher's medal, and walks away a prideful Triathlete.

### **Distances:**

**Kids 7 - 10 years old:** 100m swim/5k bike/1k run -- **START @ 7:00 a.m.**

**Adults and kids 11 and over:** 200m swim/10k bike/2k run - **START after kids' race ends**

(Age groups and distances are determined by age on December 31, 2009, not by age on race day.)

**Awards:** Top three individual age groups (age on December 31, 2009) for males/females: (sorry no relays, clydesdale, or athena) 7-8, 9-10, 11-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.

**USAT:** This is a USAT sanctioned event. You must show a current USAT membership card or purchase one at packet pick up. An annual membership for kids 17 and under is \$5, adults is \$39 or adult one-day license is \$10. Please do not include this fee with your mailed race entry. The USAT form must be completed by participant or if under 18 by a parent/guardian. Please see the USAT website for more membership info, tips, and race rules [www.usatriathlon.org](http://www.usatriathlon.org).

**Entry Fee:** \$25 for kids 7-15 years old and \$40 for everyone else. If not postmarked by August 1<sup>st</sup>, late entry fees are \$30 for the younger kids and \$50 for the older kids and adults. Entry Fee includes a t-shirt, goody bag, and finisher's medal. There will also be refreshments and other activities following the event. Online registration is available at [www.active.com](http://www.active.com) or entries can be downloaded from [www.starrscc.com](http://www.starrscc.com). No race day entries will be accepted and no refunds or transfers. It's for charity.

**Packet pick up and late registration:** Friday, August 7th at Bay Area Bicycles, 6020 SPID from 2:00 - 8:00 p.m. Race day packet pick up will be available but limited please contact race director to make arrangements. Participants are encouraged to pick up packets on Friday. Registration deadline is at packet pick up - not race day.

### **Hotel info:**

**Host hotel - Hilton Garden Inn - Corpus Christi.** Close to race site and special room rates of \$102, call hotel directly and mention Starr Trek 361-991-8200.

V Boutique Hotel in the heart of downtown offers reasonable rates for an exclusive hotel starting at \$139. Call hotel directly for discounted rates at 361-883-9200. [www.vhotelcc.com](http://www.vhotelcc.com)

**Thanks to our sponsors (updated weekly):** Armadillo Sport Chiropractic, Bay Area Bicycles, Fleet Feet, Kimray, Hilton Garden Inn, Swimmin' Stuff, Suntime Community Credit Union, Ainsworth Trucking, Miller's BBQ, Dr. Randy Fuentes, Dr. Michael Elizondo, Dr. Earl Williams, Vietnam Restaurant and V Boutique Hotel, U-Haul, Texas A&M University - Corpus Christ, Ewing Construction



**Contact info:** Rachel Rivera 361-992-3062; e-mail [starrtrek@gmail.com](mailto:starrtrek@gmail.com). Please call Rachel at Bay Area Bicycles 361-993-7000 for info during packet pick up hours. For additional race info please visit our website [www.starrsctx.com](http://www.starrsctx.com).

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**\*\*\*\*Kids 7 - 10\*\*\*\*  
GRAND DOOR PRIZE:  
TREK ROAD BIKE  
Donated by Bay Area Bicycles & STARRS**

**Please make checks payable to STARRS and mail to: 6518 Bauer Drive, Corpus Christi, Texas, 78414**

-----**detach here**-----

Name \_\_\_\_\_ Gender: M F Birth date \_\_\_\_\_

Age on 12-31-09 \_\_\_\_\_ USAT# \_\_\_\_\_ Getting a 1-day permit at packet pick up? Y N

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_ E-mail \_\_\_\_\_

Race day emergency contact Name, relation, cell # \_\_\_\_\_

T-shirts: **Kids** M L **Adult Men's** S M L XL XXL **Women's** S M L XL XXL  
Would you like to purchase additional t-shirts for \$10? \_\_\_\_\_ Circle sizes above and note # for each size.

**Estimated swim time: Please be as accurate as possible and put times in 00:00 format.**  
Kids 11 & up and adults 200m \_\_\_\_\_:\_\_\_\_\_ kids (7-10) 100m \_\_\_\_\_:\_\_\_\_\_

Is this your first triathlon? \_\_\_\_\_ How did you hear about the STARR TREK Triathlon? \_\_\_\_\_

**WAIVER & RELEASE:** (Read carefully before signing.) I acknowledge that a triathlon is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and/or property loss. I hereby assume the risks of participating in the Starr Trek Mini Sprint Triathlon. I hereby certify that I am (or my child) is capable of completing all segments of swim/bike/run courses and that I am (or my child) is physically fit and have/has sufficiently trained for the event. I hereby agree to abide by the Competitive Rules adopted by USA Triathlon. I hereby take all the following action for myself, my executors & next-of-kin. I accept all and full responsibility for any accident or injury. I hereby waive, release, discharge and agree to hold harmless STARRRS, TAMU-CC, USAT Triathlon, sponsors, volunteers and participants from any and all claims or liabilities for death, personal injury, property damage or theft which may arise from participation in this event. I hereby affirm that I am 18 years of age or older, and capable of signing this waiver. I have read this document, and I understand its contents.

**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

(If under 18, must be signed by parent or guardian.)  
**NO ENTRY ACCEPTED WITHOUT SIGNATURE**